



# Margaret Brooks

## COACH & CONSULTANT

"Margaret brings an authentic and holistic approach to her coaching. She helped me to recognize and articulate things that were holding me back – and then gave me the tools to address them. Margaret cares deeply about the success of her clients."

- Director, National Non-Profit

## AT-A-GLANCE

- **INDUSTRY EXPERIENCE:**  
Management Consulting | Consumer Goods | Pharmaceuticals/Life Sciences | National Non-Profit Organizations
- **30 years of Human Capital** leadership experience
- 18 years at **McKinsey & Company**, 12 years at **Procter & Gamble** and **Eli Lilly & Company**
- Deep experience leading in **dynamic, complex environments**
- Trusted for **careful listening, compassionate directness, and encouraging actionable outcomes**
- **Facilitates workshops** on: Emotional Intelligence, Transition to Manager, Mindfulness in the Workplace
- **Board Advisory** Member for ProInspire

Margaret is a seasoned leadership development practitioner and executive coach. She has 30 years of Human Capital leadership experiences – 18 years at McKinsey & Company and a combined 12 years at Procter & Gamble and Eli Lilly & Company. Throughout her three decades of working across multiple industries, Margaret gained first-hand experience of the challenges and benefits of leading and working in dynamic environments. Margaret started her career in brand management at Procter & Gamble. After a rotation role as an HR Business Partner, Margaret knew she was destined to build a career on the "people side" of the business.

Margaret is passionate about elevating the conscious practice of leadership by helping to develop leaders with the creative capacity to drive results and effectively navigate an increasingly complex business landscape.

As an executive coach, Margaret has a track record of successfully supporting people through their paths to leadership. She is trusted for her ability to help her clients create results, which she brings about through careful listening, compassionate directness, and an eye on encouraging actionable efforts that lead to positive outcomes. Margaret also facilitates workshops on Emotional Intelligence, Transition to Manager, and Mindfulness in the Workplace.

When she's not working with clients, Margaret spends time studying mindfulness approaches and teaching Yin Yoga.

