

Sadie Wackett

COACH & CONSULTANT

"Since working with Sadie, my effectiveness as a business owner and leader has significantly improved, and my team has noticed measurable changes. Through our work on self-perception and confidence, I have developed a stronger executive presence and a more thoughtful approach to decision-making. High-pressure situations are now much easier to navigate, leading to more strategic choices. My team has fed back more clarity in communication and a more supportive leadership style. Coaching with Sadie has truly impacted my overall well-being—I am far more resilient. I highly recommend Sadie to any leader; she has greatly impacted my career, business, and well-being."

- Francesca, Owner & Managing Director, Marketing Agency

AT-A-GLANCE

- **INDUSTRY EXPERIENCE:** Private Equity | Human Resources | International Business
- **Over 20 years of experience**
- **Deep expertise in Private Equity portfolio companies**, helping leaders drive results and value creation in a fast-paced, high-stakes environment
- **Global perspective** with experience living and working across Europe, North America, and Asia
- Focuses on the **intersection of strategy, leadership, and organizational development** to build sustainable leadership effectiveness
- Helps clients **expand leadership capacity** and **push learning edges for breakthrough performance**
- Masters in Human Resource Management, **Westminster University, London**

Sadie Wackett is an accomplished Executive Coach and Human Resources Leader with over two decades of experience, specializing in strategic HR planning, leadership development, and organizational transformation within Private Equity portfolio companies. She is a firm believer that business performance stems from leading with sound strategy while developing people and activating high-quality leadership to sustain execution. Having operated across three continents (Europe, North America & Asia), Sadie brings unique global perspective to her work, drawing from her experience living in the UK, France, and currently the US, where she relocated in 2016.

Sadie's coaching practice focuses on the intersection of strategy, leadership, and organizational development, working pragmatically with a value-creation focus in both private equity-owned portfolio and public companies. She is known for taking a human-centered approach to executive coaching, combining deep listening with actionable strategies. Through her work, she helps clients find clarity, expand leadership capacity, push learning edges, and elevate performance while increasing self and team awareness. Her passion lies in building community and helping others realize their own transformation, with a deep interest in mindset development, organizational behavior & culture, and emotional well-being.

Sadie is dedicated to empowering leaders and driving transformative change through executive coaching and leadership development programs. She works with executives to realize their own growth and that of their business, facilitating powerful feedback processes that drive meaningful change. Her extensive experience in diverse cultural settings enables her to work effectively with leaders across various organizational cultures. Sadie has served as a keynote speaker, panelist, and podcast guest, sharing her expertise on leadership, performance, and mindset.

