

## Leadership Coach Profile

## Name: AMANDA KARST

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Amanda Karst, Chief Operating Officer at AO People Partners, is a dynamic leader renowned for her strategic expertise in driving transformative outcomes. With a background in IT Project Management and extensive experience in Fortune 500 enterprises, startups, and non-profit organizations, Amanda brings a deliberate, results-driven approach to her coaching practice. Adept at simplifying complex ideas into actionable strategies, she empowers senior executives and leaders to navigate challenges and achieve sustainable success.

As a trusted confidante and mentor, Amanda inspires clients to unlock their full potential and reach new levels of achievement. Her coaching style, characterized by introspection, authenticity, and empathy, creates a supportive environment where clients feel motivated to explore growth opportunities. Drawing upon her expertise in business operations and strategic planning, she offers invaluable insights into the challenges facing today's leaders, fostering growth and development at every stage of their journey.

Beyond her coaching practice, Amanda is actively involved in shaping the operations of the Conscious Capitalism® movement, contributing to a future where conscious business practices drive positive change and social contribution. Committed to ongoing professional development, she holds certifications in leadership development and remains dedicated to serving her clients' needs. Reach out today to embark on a journey of growth and transformation with Amanda as your trusted coach and guide.

## **Education & Credentials**

Amanda holds an M.B.A. from The Johns Hopkins University – Carey School of Business, a Masters Certificate in Information Technology Project Management from The George Washington University – School of Business, and a B.S. in Marketing and International Business Management from Marquette University. In addition, she holds certifications as follows:

- Certified Practitioner of The Leadership Circle Profile 360 Assessment
- Coaching Certification, New Ventures West Certified Life, Executive, and Integral Coach
- International Coaching Federation (ICF)
  Accredited
- Executive Certificate in Facilitation, Georgetown University School of Continuing Studies
- Coursework with Co-Active Training Institute, The Coaches Training Institute